



By design

Kristy Hinze, former Beaudesert schoolgirl, is now a successful model and businesswoman

FROM country Queensland schoolgirl to jet-setting New York-based model — many in Queensland have watched with interest as Kristy Hinze has grown-up in the spotlight.

And it seems that the path she has trodden was one she was destined to follow.

With her flawless skin, jewel-green eyes and that surname, Kristy has made headlines since her first modelling job — for *Vogue Australia* when she was a 14-year-old Beaudesert schoolgirl.

The granddaughter of the late National Party minister Russ Hinze has modelled for Victoria's Secret, had several movie roles and high-profile romances, ranging from basketball star Derek Rucker to her current flame, 63-year-old American billionaire Jim Clark.



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Most recently the 27-year-old took to the runway for the David Jones Summer Fashion Launch and she is the face of iconic Australia label Sportscraft.

"I didn't think I'd still be working as a model at 27 but I'm still enjoying it. I'm still having fun. I'm a show-off," she said.

"Now, when I come home to Australia for jobs, I feel so special and I get to work with a lot of people I have known for a long time — people in fashion in Australia are so laid back, it's really great."

Kristy reached a crossroad recently when she switched from Ford Modelling Agency, with whom she had been for 12 years, to Elite; bought a new apartment in Chelsea, on the west side of Manhattan; and landed a role in a pilot for a television show filming in Los Angeles.

She also sold her Australian business interests — a chain of Julius Squeezer fruit juice bars and several Brisbane Bubs baby shops that she was involved with in conjunction with her family.

"I wasn't coming home enough and it was too much for the family. My sister had twins and my parents moved to Redcliffe to be near her," she said.

"Queensland still feels like home to me," says the woman named by *Cleo* magazine as among its top 10 bikini models.

"I have rented out my house in Noosa but I love coming home and going fishing with my dad and seeing my nieces and nephews.

"I love watching the sunrise here. You just don't get that expanse of sky in New York."

Next up for Kristy is a stint in Los Angeles that she can't say too much about. After that she wants to head back to school.



Stephanie Shepherd has one of the best names in the Brisbane beauty scene with her original Stephanie's Day Spa in Bulimba, but she steps it up even further with her latest venture on Level 3 of the Sofitel Hotel in the City. Once you walk through the 200-year-old timber and iron doors into a million-dollar oasis of plush furnishings, soft colours, candles and tinkling music and slip into the fluffiest of robes and cute gem-studded slippers, you know you are in for a treat. First stop is the jewel-in-the-crown treatment — the mosaic-tiled Opal Rasul Temple, the first of its kind in Queensland. Fun to do in pairs — first you dry-brush your skin, paint on a selection of detoxing muds and sit under the twinkling lights of the dome roof while the whole room fills with steam. Later a light mist of rain runs from the ceiling before you head to the shower room to cleanse before hitting the massage table, already in blissed-out mode (\$159 single or \$139 per person double). A variety of massages is on the menu (from \$120 for 60 minutes) in the lush and comforting treatment rooms before heading to the Sensory Spa Lounge — heated massage reclining chairs await and a

rose petal footbath starts the deluxe pedicure called Exotic Sole Ritual (\$149). Heated stones placed between your toes, massage, scrubs, and paint will have your feet looking five years younger and your mind, body and spirit completely revived. Open seven days, call 3221 8800 or visit www.stephaniesspa retreat.com.au.

Harbour Day Spa

This suburban gem has been taking good care of the people of Redlands for three years but word is finally spreading beyond about the treatments on offer. As well as a fully fitted-out Balinese-style spa, they offer hairdressing and make-up services. Spa packages include a luxury hairwash complete with hot towel conditioning treatment, deluxe scalp massage and an expert blow dry, ending with a Napoleon make-up session. The spa's

location on the harbour at Raby Bay lends itself well to the outdoor terrace, where you can have your pedi or manicure performed or you can take in lunch there post-treatment while boat-watching. A variety of spa treatments is on offer. Try the EmergenC facial and massage for relaxation and results. This spa was listed in the Top 100 Australia *BRW* Start-up Businesses 2007 for a reason. Spring Spa Packages start at \$190 for 2½ hours worth of massage, body polishing, hair treatments and make-up and you can add a champagne lunch for \$25 — until October 31. Open six days. Call 3821 2955 or visit www.harbourdayspa.com.au.



Relax and unwind: Spoil yourself with a visit to Harbour Day Spa



We are getting down to the business end of the year so spoil yourself now with a pampering treat in preparation for the busy weeks ahead — a new City spa and a secret harbour treasure should do the trick

